GOOD SHEPHERD CONVENT GARATTOLA

The Sisters of the Good Shepherd in Garratola are rendering services for more than 35 years, which has made a great impact on the people. Sisters are involved in Developmental Activities, Residential and Health Care. We present to you the report of the activities organized during the year 2016-17.



DEVELOPMENTAL ACTIVITIES

In association with Mission Development India, the sisters were able to reach out to the needy through economic justice programs in 27 villages. The Project supports 150 women directly and indirect beneficiaries are 150 men and 635 women. They were formed into Self Help Groups and introduced monthly savings. The sisters are involved in the community development activities and visit the villages regularly with the staff and conduct various programmes.

The Community Based Organizations are 48 SHGs for women, 24 Farmer's Groups, 2 youth groups. They discuss social issues and try to solve problems within the community. The main focus of the project is to improve the economic status of the Birsa Block Tribes through sustainable business activities, through Fish Farming, Goat/Pig Rearing, Tailoring and Bakery training programme.

HEALTH CARE MINISTRY - Good Shepherd Dispensary:

The lack of effective functioning of the Primary Health Centre forced tribals to take risks without seeking proper medical treatment. They relied on their traditional practices which do not bring cure.

The major illnesses which were treated in the dispensary were Malaria, anemia, jaundice, viral fever, cold, cough, diarrhea, vomiting, back pain, skin infections, scabies, boils, wounds and others. The dispensary also does referral services for acute



illness to the district hospital at Balaghat, Nagpur and other private hospitals.

Antenatal and postnatal camp was organized and 73 mothers were examined by organising awareness program on Productive Health Rights, Nutrition, Care of new



born child, Hygiene, Anemia, Immunization Schedule Trainings. They were also provided with medical support. Six malnourished children were referred to PHC Birsa for better care and treatment.

We also encourage and promote herbal medicines and Herbal Gardens. Many patients were treated with Herbal medicines, such as Jaundice, scabies, and ulcer in the mouth, cough and cold, Malaria, Piles etc. We

have formed a **Health Service Voluntary Group** from the community to promulgate good health care practices among the tribal.

World Environment Day:

5th June being environment day, the sisters, staff and the SHG women organized a rally in Birsa block town with the support of the Police and the Forest Department Officers. Various slogans to save the earth and environment were used to bring

awareness to the people. To mark the day 591 people took oath to plant 5 saplings every year.



RESIDENTIAL CARE MINISTRY

St. Mary Euphrasia Boarding

The boarding had 60 children during this year, with 23 new girls. Six children were given free admission and free boarding and lodging and four children were given concession. There were 6 girls studying in 12th and 8 girls in 10th who appeared for board exam.

All of them passed with flying colors. During the academic year few of the children got scholarship for the studies from the government.



The activities of the year:-

- Academic Studies: School, Regular Coaching Classes, minimum 3-4 hours of study.
- Training:- Capacity Building, Value education and sex education, Motivation, Leadership, and Health awareness classes.
- Celebrations:-Hostel day -31st July, Children's Day, Christmas, National and Local festivals like Diwali, Holi, and birthdays of the girls
- Yearly picnic: Yearly a one day picnic is organized for the children. This is a joyful occasion for them to be away from their studies. This year children were





taken to Khuwadas a beautiful water fall in Chattisgarh.

Other activities: Cleanliness of the house and surroundings, Gardening, Cooking, Games, regular health check up, Cultural activities like singing, dancing, drama.



Economic Justice Project Programmes

- Fish farming /Goat Rearing/Piggery
- Capacity building/Leadership trainings
- Legal Aid Training/POCSO ACT
- Women's rights and entitlements
- Awareness programs
- * Networking with NGOs & Media
- Research/Business /Marketing Skills

The fish farming activity could not fetch profit so 49 women from six SHGs were introduced to Goat/Pig Rearing and two women have taken up petty shop activity. Six men support groups were also established to support the women's activity.

Regular trainings were conducted on Book Keeping, Gender sensitization, Legal Aid and services, POCSO Act, Rights of Children & Women.

There is lot of participation among the women in planning and implementation of the programmes. During International Women's Day celebration women created awareness on impact of Child Marriage and Migration.

Tribal adolescent girls have immense potential which has to be tapped effectively. Our organization is ready to support for this noble effort through bakery unit training centre, which will help the Adivasi girls to increase required skills for enterprise. After the training the adolescent Tribal girls will have the ability to contribute to the family through small enterprise development programme. Girls are prepared to go for driving training classes to Balaghat.



Asha Nivas Balaghat

This year we had 6 young ladies following a Self-Development Programme. They underwent intensive classes in English and given training in Capacity Building, Personality Development, Value education and Sex education, Motivation, Leadership, and Health awareness. They were also taught cleanliness of the house and surroundings, Gardening, Cooking, Games, regular health check up, Cultural activities like singing, dancing, drama.

They also enhanced their talents in handwork by learning knitting, embroidering, card making, toy making, clay moulding and other handicrafts. They were given opportunities to display their talent at various programmes organized by us and others.

We feel privileged to live and work with the vulnerable and marginalized people.

We are grateful to God and all the stakeholders who have contributed in our work to help those at the margins.

