



*I have crossed the threshold,  
energized and ready to be of  
service to our Congregation*

**Unique Experience**

An   
**Tairseach**

**Wicklow, Ireland**

**Sr. Sabina OLCGS**



When I was coming to the end of my term as Province Leader of CEIN, Ellen Kelly our then Congregational Leader, insisted that I have a sabbatical program before I begin another assignment. Once I expressed my wish as to what kind of a program I intent to do she paid an advance to book a seat for me in An Tairseach in Ireland. Due to Covid situation the sabbatical program was delayed for more than two years.

Today I am happy, as I have completed the ten weeks' program with 13 other companions from 8 different countries of the world. "An Tairseach" in Irish means "threshold". I am very grateful to Ellen Kelly and team for this wonderful Sabbatical program, Pushpa and team who encouraged me to go when the program was opened for international students.

This Institute is run by Dominican Sisters in a very beautiful setting in Wicklow county. They have two programs in a year, one in Spring and the other in Autumn.

The best of people in Ireland were arranged for us as resource persons. Cosmic walk arranged every Wednesday was a practical input in Glendalough, guided by Fr. Michael Rodgers and the Eucharist celebrated in the midst of creation was a very unique experience for many of us. It was a very holistic program, with personal time for reflection, reading, internalisation, walks and cooking etc. I read 6 books during this time, which I feel happy about.

Added incentive was that I had two of my sisters and their families in Cork, Ireland. I had Holy week and Easter with them and some Quality time with both the families after the program. I also visited Our Indian Missionary Sisters, Monica and Margaret Quigley, in the Nursing Home in Limerick.

From the time I had been introduced to Universe story and evolution I had a deep desire to know more about this in detail and how I could be part of this evolving or emerging spirituality and be a mystic in my life and share with others who yearn for it. This yearning had been fulfilled in An Tairseach.

I have crossed the threshold, energized and ready to be of service to our Congregation, Province and others especially for the cause of protecting our Planet Earth, Our Common Home, in whatever way I can in solidarity with others.



### Content of the program

We had the following topics:



- Ecology: Ecological foot prints,
- Biblical and Eco Spirituality and theology,



- Cosmology, Universe Story and evolution of the Universe and focusing upon Planet Earth and the rest of creations.



- Celtic Spirituality, Patrick Kavanagh and his contribution to Spirituality,



- Laudato Si. Wild flowers, stone, amazing wonders.

- Mysticism today,
- Art creativity, rituals and Sacred Dance,

- Cosmic walk every Wednesday afternoon.

- Plot to pot, organic farming and many other experiences



-----