

A NEW NARRATIVE

The two months spent in intensive preparation for the final profession was a journey of profound transformation. As we came together, we shared our stories, recognizing that each one of us is, first and foremost a human being. It was a time when we delved into our deepest thoughts, confronted our toughest moments, and navigated through challenging events in our lives. Throughout this process, we unlearned certain aspects of our Religious Life that were not life-giving and embraced new thinking that nourished our spirits. This journey therefore has helped us to embrace transformation and grow by first accepting the person within.

The Journey

The journey began on 14th October 2023 in Shillong at the Christian Brothers Institution, with 20 members in the program: 15 Sisters and 5 Brothers. Guided by three resource persons who journeyed with us, we three of us embarked on a path less travelled, impacting our lives and helping us reach our destination. We were enriched with our companions from Sri Lanka and Singapore in total we were 7 Good Shepherd Sisters.

A new awareness

The sessions covered a range of topics that were both relevant and challenging, preparing us for our final commitment. It was a fruitful exploration, discovering the presence of God in our prayer and within ourselves, fostering a new awareness of Cosmic Spirituality, and illuminating the purpose of our lives as religious individuals. These learnings encouraged us to delve into the depths of our being and to cultivate a profound love and passion for our congregation and its mission.

Life is all about growing, learning and becoming. You cannot grow, learn or become if you cannot embrace the change in your life - **Steve Rizza.**



**Srs. Benito,
Benoshiya and Rosita**



The Profound Joy

The Perpetual profession was a profoundly moving experience. We are grateful to our Province leader and her team, whose meticulous arrangements made it a memorable one. Surrounded by love, blessings, and prayerful support from priests, sisters, family, and well-wishers, we felt intimately close to God as the litany was sung, surrendering ourselves wholly to His will. We are thankful to our parents and all our family members for their presence, prayers and blessings which made us more joyful.



Cherished Memories

We also cherished the opportunity to explore the beauty of Meghalaya. From the vast plains to the towering hills, the intricate caves to the serene valleys, each moment was a testament to nature's wonder. Witnessing cherry blossoms in bloom was a sight to behold, and our visits to historical sites added depth to our understanding of the region's rich culture.

Our journey culminated in an art retreat that offered a unique form of introspection. This experience allowed us to explore our inner selves, find healing, and appreciate the beauty within each of us while accepting the uniqueness of each one.

As we bid farewell to our companions on 2nd December, our hearts were filled with love and cherished memories, marking the conclusion of a transformative journey that will forever remain in our hearts.

